GREAT BAY KIDS



WEEKLY MENU FOR THE WEEK OF: _____



Α	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Cheerios Applesauce Milk	Whole Wheat Toast w/butter *Assorted Fresh Fruit Milk *Under 2 yrs. Canned Peaches	Rice Krispies *Assorted Fresh Fruit Milk *Under 2 yrs. Canned Mandrin	Plain Rice Cakes w/Sunbutter Pineapple in natural juice Milk	Cornflakes *Assorted Fresh Fruit Milk *Under 2 yrs: Canned Pears in natural Juices
Lunch Protein Grain Vegetable Fruit Milk					
Snack Two Different Components	Wheat Ritz Crackers Pineapple in natural juice Water	Assorted Vegetables w/dip *Mozzarella Sticks Water *Under 2yrs: American Cheese Slices	Animal Crackers Watermelon Water	Oatmeal Bar Bananas Water	Graham Crackers *Assorted Fresh Fruit Water *Under 2 yrs: Bananas

This institution is an equal opportunity provider and employer.

*Assorted Fruit: Apples, Bananas, Oranges, Peaches, or Pears

*Whole Milk for 1 year olds & 1% Milk for 2 years and up.