

GREAT BAY KIDS



INFANT MENU WEEK OF: _____ CHILD'S NAME: _____



PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Applesauce</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Peaches in Natural Juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Mandarin Oranges in natural juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Pineapple crushed in natural juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Pears</p>
Lunch	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-2 oz Ham</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Broccoli</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-2 oz Chicken</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Peas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-2 oz Turkey</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Frz Cauliflower</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Yogurt</p> <p style="text-align: center;">and</p> <p>0-2 Frz Corn</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-2 oz Turkey</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Peaches in Natural Juice</p>
Snack	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-2 Wheat Ritz Crackers</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Strawberries</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 Tbsp Goldfish</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Apples in Natural Juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 Tbsp Animal Crackers</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Watermelon</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 Tbsp Cheerios</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Bananas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 Tbsp Graham Crackers</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Bananas</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***