GREAT BAY KIDS



INFANT MENU WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE:

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain Fruit Milk	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Frz Blueberries	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Frz Mango	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches in natural juice	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Frz Strawberries	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce
Lunch Protein Grain Vegetable Fruit Milk	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz Cheese and 0-2 Tbsp Broccoli	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Yogurt and 0-2 Tbsp Green Beans	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz Turkey Meatballs and 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Peas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz Ground Turkey and 0-2 Tbsp Green Beans
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Goldfish and 0-2 Tbsp Cucumber	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Rice Cakes and 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Wheat Ritz Crackers and 0-2 Tbsp Carrots	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Graham Crackers and 0-2 Tbsp Apples in Natural Juice	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Cheerios and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped *Or Infant Rice Cereal if preferred This institution is an equal opportunity provider and employer.

