GREAT BAY KIDS



WEEKLY MENU FOR THE WEEK OF: _____



A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Grain Fruit Milk	Cheerios Applesauce Milk	Whole Wheat Toast w/butter *Assorted Fresh Fruit Milk *Under 2 yrs. Canned Peaches	Rice Krispies *Assorted Fresh Fruit Milk *Under 2 yrs. Canned Mandrin	Plain Rice Cakes w/Sunbutter Pineapple in natural juice Milk	Cornflakes *Assorted Fresh Fruit Milk *Under 2 yrs: Canned Pears in natural Juices
Lunch	Sliced Ham Waffle	Grilled Chicken Whole Wheat Pasta	Turkey & American Cheese Slices	Sloppy Joes Hamburger Roll	Turkey Tacos w/Cheese
Protein Grain	Frz Broccoli	Frz Peas	Whole Wheat Wrap	Frz Corn	Whole Wheat Wraps
Vegetable Fruit	Frozen Strawberries Milk	*Assorted Fresh Fruit	Frz Cauliflower *Assorted Fresh	*Assorted Fresh Fruit	Lettuce & Tomato *Assorted Fresh Fruit
Milk	IVIIIK	Milk	Fruit	Milk	Milk
		*Under 2 yrs. Canned Apples in Natural Juice	Milk *Under 2 yrs. Canned Pears in	*Under 2 yrs. Apples in Natural	*Under 2 yrs. Peaches in Natural Juices
Snack					
Two	Wheat Ritz Crackers	Assorted Vegetables w/dip	Animal Crackers Watermelon	Oatmeal Bar Bananas	Graham Crackers *Assorted Fresh
Different Components	*Assorted Fresh Fruit	*Mozzarella Sticks	Water	Water	Fruit
Components	Water	Water			Water
	*Under 2 yrs. Pineapple in Natural Juice	*Under 2yrs: American Cheese Slices			*Under 2 yrs: Bananas

This institution is an equal opportunity provider and employer. *Assorted Fruit: Apples, Bananas, Oranges, Peaches, or Pears

*Whole Milk for 1 year olds & 1% Milk for 2 years and up.